

ACTIVE KIDS ARE HEALTHY KIDS



JOIN US
FRIDAY 22 MAY 2026

TO ALL AUSTRALIAN PRIMARY SCHOOLS AND LOCAL COUNCILS

Now in its 27th year, National Walk Safely to School Day encourages primary school children, their parents and carers to walk safely and regularly to school.

Walking every day builds confidence, improves concentration and establishes healthy habits for life - while making our roads safer and our air cleaner for everyone.

Research shows that children who are active before school are more focused, more productive and perform better in the classroom.

**BETTER HEALTH • IMPROVED ROAD SAFETY • CLEANER AIR
REDUCED CAR-DEPENDENCY • INCREASED USE OF PUBLIC TRANSPORT**

GET INVOLVED

- Ask every student to wear a tattoo on the day to help promote this important community event
- Use the Teachers' Tool-Kit and publish WSTSD information in your school's newsletter
- Display the poster on your noticeboard and print additional posters at walk.com.au
- Host a Healthy Breakfast - ask your P&C, council or local supermarket to sponsor it
- If you can't walk all the way, combine a walk with public transport
- If you must use the car, try leaving it a good distance from school and walk the rest of the way
- Register your school as a WSTSD Ambassador at walk.com.au



**Until they're ten, children must always hold
an adult's hand when crossing the road**