



Walking to school safely



Parents walking their children to Bellingen Public School last Friday.

As part of a Pedestrian Council of Australia initiative, parents and children at Bellingen Primary School were encouraged to walk to school on Friday, May 6.

Walk Safely to School Day aimed to encourage parents and carers to walk to school

with primary school children to develop healthy lifestyle habits at a young age and educate children on safe pedestrian behaviour.

Teachers at Bellingen Primary School agree that in addition to tackling obesity, learning about the local environment

and teaching children safety rules, regular walking to school is also a fantastic way to kick-start kids brains preparing them for a day of activity, creativity and learning.

Children 10 years or younger should only cross the road when holding the hand of an adult.